

Are you planning to go to Hajj?

- Important information is available concerning Hajj and the MERS-CoV respiratory virus.
- If you have certain health problems, you may be advised to postpone Hajj this year.
- The Ministry of Health, Kingdom of Saudi Arabia has provided health advice to reduce the spread of respiratory infections at Hajj.
- Ask your GP or Practice Nurse for further information. An information sheet is available in Urdu, Punjabi and English.

The following websites provide further advice on health issues and the Hajj:

- Kingdom of Saudi Arabia Ministry of Health: <http://www.moh.gov.sa/en/Hajj/Pages/default.aspx>
- The Council of British Hajjis: <http://www.cbhuk.org>
- fitfortravel: <http://www.fitfortravel.nhs.uk>