

Prepare yourself for Hajj



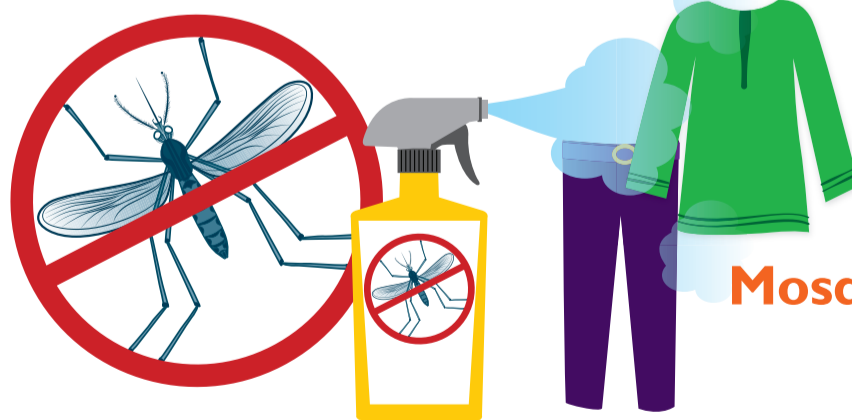
Visit your GP  weeks before travel.

Protect yourself, your family and the community.



**Vaccinations
and medicines**

**Respiratory
health**



Mosquito bite avoidance

Further advice

- Kingdom of Saudi Arabia Ministry of Health: <https://www.moh.gov.sa/en/Hajj/Pages/default.aspx>
- The Council of British Hajjis: <http://www.cbhuk.org>
- fitfortravel: <http://www.fitfortravel.nhs.uk>